



3<sup>rd</sup> October 2023

Dear Parents/Carers

**Re: Growing Up Talk**

Assalamu alaikom.

We hope this letter reaches you in good health and Imaan.

As part of learning in PSHE and Islamic Studies, **Year 6** will be having a talk on 'Changes approaching Adolescence' on Friday 13<sup>th</sup> October 2023. Topics covered will be:

- Changes to the body in puberty
- Personal Hygiene
- Islamic responsibilities
- Boy/Girl relationships

The girls and boys will have separate sessions. The **girls only** session will be delivered by Dr Umtulkhair Sajjad, who has delivered the session previously in school. The **boys only** session will be with Mr Badjenki.

If you have any questions please contact Mrs Fiaz, Mrs Khanam or myself.

Thank you for your support.

Jazak'Allah khair

Kind regards

**Mrs I. Chaudhry**  
*Senior Leadership Team/ PSHE Lead*

**Mrs N. Fiaz**  
*Year 6 Teacher*

**Mrs S. Khanam**  
*Year 6 Teacher*

