



19<sup>th</sup> January 2022

Executive Head: Mrs M. Mohamed BSC.HONS, LPSH, PGCE, PG.DIP

Head Teacher: Mrs D. Ghafari

Dear Parents/ Carers,

**Re: COVID 19**

Assalamu alaikom.

I hope this email finds you in good health and strong Imaan.

Please see below for changes in self-isolation that came into force on Monday 17<sup>th</sup> January 2022.

Kind regards,  
Wasalaam,

D. Ghafari  
Head Teacher

## **Changes to the self-isolation period for those who test positive for COVID-19**

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to **reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6** and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The **first test must be taken no earlier than day 5** of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

